

College Lane Newsletter

College Lane Surgery, Barnsley Road, Ackworth, WF7 7HZ Partners: Drs. I.Hanney, K. Needham, J. Eastwood, E. Moulton & L. Yellop

Comments from the Chairman

At the end of an interesting year our Forum Group feels proud of what we have achieved: the Newsletter, our relationship with the practice staff and doctors, one of whom is present at each of our meetings, together with the fact that the College Lane practice goes out of its way to provide more services and information for the benefit of us all, its patients.

At the Forum meetings there is always serious discussion of ideas, much of which has been reported in the Newsletters throughout the past 16 months. Our Newsletter is compiled by Linda Steer and her committee members with contributions from the Practice Doctors and Manager, as well as those from Forum members (remember every patient is welcome to join the Forum and contribute to the Newsletter). My thanks to Linda and all concerned.

There are new specialist clinics planned for the near future, with extended consultations with Drs Hanney and Eastwood to treat prostate cancer and related problems of concern to men, and also there will be new clinics for women. Further details will be found in these pages.

On **26th September at 6.15pm in the Surgery**, we have invited a speaker from PALS (Patient Advisory Liaison Service) to tell us about recent changes in the NHS which could affect the delivery of services in our region. If you would like to attend please let Sue Spence, our Secretary, know, or post your message in the letter box in the waiting room at Ackworth surgery. You will be very welcome to join us.

The Forum welcomes patients of all ages who would like to attend our meetings and contribute in any way to support our Practice, all that is needed is an interest in health, both your own and that of other people.

There has been discussion at our meetings about contributions to the newsletter. You may remember Bill Price's interesting letter in the January issue to which Dr Yellop responded. So, if you have a humorous or significant point to make from your own experience or that of your family, write about it and send it to Sue Spence, our Forum secretary (through the letter box) and it could well appear in the next issue, so we could all enjoy and benefit from it.

It has been my privilege to act as Chairman helped very much by Peter Hall our Deputy throughout this year. We have created a sound base on which to develop in the future. As a result of changes in my ongoing commitments I have resigned as Chairman but shall attend meetings as often as I can.

Thank you to all concerned,

Phillip G Stevens 01/08/07

TARGET STAFF TRAINING

The practice will close at 12:00 noon on the following dates and re-open the next day as normal.

Wednesday 5th September 2007

Wednesday 17th October 2007

Wednesday 21st November 2007

If you require emergency treatment or advice telephone the surgery and you will be automatically be transferred to the Out of Hours Service.

Issue 4

Practice telephone:

September 2007

01977 611023



www.collegelanesurgery.com

Balancing life, work and home is tricky and when you just missed out ringing the surgery for that repeat prescriptionfrustrating! Now you can go on our website follow the links and order on line 24/7!

We have been working together with your Patient Forum and our team to put together a new website for our patients. It includes details about the team, our services, facilities and up to date News. There are helpful information links which we hope you will find useful.

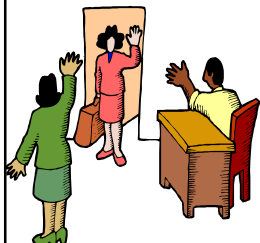
In the future we hope to look into options for booking on line appointments. But for now, please have a browse and let us know what you think either on line or via your Patient Forum.



Practice Staff Update

Practice Staff Update

Goodbye & Thank You to:



Dr Steven Asalu and **Dr Lisa Enright**, our GP Registrars, who ended their posts here on 31 July 2007.

Dr Kizzy Dyas, our Foundation Doctor, who left us at the beginning of August.

Kay Cracknell, Health Visitor, who has moved to a Management post with the PCT.

Welcome to the team:



Practice Nurse Stacey Howell, who joined the team in July on a part time basis.

Finance Administrator, Kirsty Farrar, who joined the team in August.

Dr Pooja Mishra and **Dr Lauren Naisbit**, two female **GP Registrars**, who will be with us until February 2008.

Dr Richard Hopkins, a new **Foundation Doctor**, with us until the end of November.

A thank you to parents from the Health Visiting Team

The Health Visiting Team would like to send their thanks and appreciation to parents in Ackworth for their continued support in relation to Well Baby Clinic changes.

From 4th of July 2007 Well Baby Clinic was altered from a drop in session to an appointment system.

Well Baby Clinic continues to run on Wednesday afternoons between 1.30 pm and 3.30 pm but appointments are now required prior to attending. Appointments can be made by contacting the Health Visiting Team on 01977 615375.

The GP drop in session between 2.00 pm and 3.00 pm remains unchanged.

Appointments for immunisations are given out directly to parents and Immunisation Clinic continues to run along side Baby Clinic.

With kind regards, **Health Visiting Team.**



A Yellow Card you can be proud to use!

Have you ever wondered where that frightening list of side-effects in your boxes of pills comes from?

It comes from us, the patients.

I am taking a course at the library in Pontefract called The Expert Patients Programme (more about that in a later issue), and we have been told about The Yellow Card. No, it's not a foul during a football match, but a form you can collect from our pharmacist Mr Lo, to write down any side-effects you have noticed from your medication. It will be added to the list in your pill box, if it is not there already, and give the NHS an idea of the prevalence of your problem.

Dorothy Stevens

FLU CLINIC SESSIONS 2007



PLEASE DO NOT DELAY

Patients who are eligible include those aged 65+ years by 31 March 2008 and patients with any of the following conditions: Diabetes, COPD, Coronary Heart Disease, Chronic Renal Failure, Liver Disease, Immunosuppression due to disease or treatment.

The nurse will check your eligibility when you attend a session.
Vaccine supplies are limited and priority will be given to patients described above.
We are unable to "save" any vaccines for other dates.

COLLEGE LANE SURGERY SESSIONS

Monday	8 th October	12 noon - 4:00 pm
Tuesday	9 th October	4:00 pm - 6:00 pm
Friday	12 th October	9:00 am - 12:00 noon
Monday	15 th October	12 noon - 4:00 pm
Friday	19 th October	9:00 am - 12:00 noon
Monday	22 nd October	12 noon - 4:00 pm
Tuesday	23 October	4:00 pm - 6:00 pm
Friday	26 th October	9:00 am - 12:00 noon
Tuesday	30 th October	4:00 pm - 6:00 pm
Friday	2 nd November	10:00 am - 12:00 noon

THORPE AUDLIN SURGERY SESSIONS

Tuesday	16 th October	1:00 pm - 4:00 pm
Thursday	18 th October	9:15 am - 11:15 am
Thursday	25 th October	9:15 am - 11:15 am

COMMUNITY VENUE CLINICS IN ACKWORTH

TOWNEND AVE CHILTERN COURT St CLEMENTS COURT	Wednesday 10 th October Monday 15 th October Wednesday 17 th October	2:00 pm - 3:00 pm 2:00 pm - 3:00 pm 2:00 pm - 3:00 pm
--	---	---

Ask about the Pneumonia Vaccine, when you visit Flu Clinic!
Are you due yours?

New Services



MEN'S HEALTH

Many men experience erectile problems at some time in their lives and these can be both distressing and difficult to talk about - which is a shame when there are many effective treatments available.

We also know that there is increasing awareness amongst men about prostate problems but sometimes a reluctance to discuss concerns with health professionals.

Don't suffer in silence! We are delighted to be able to offer extended appointments (20 minutes) with Dr Ivan Hanney and Dr Jonathan Eastwood for men to be able to discuss these issues. This new service will start on October 1. Please see posters in the waiting room for further details or contact the surgery to request a male health appointment.

WOMEN'S HEALTH

Are you having problems with heavy or painful periods? Or wondering about how to manage hot flushes...or thinking about hormone replacement therapy or alternative methods of managing the menopause? Drs Karen Needham and Liz Moulton are pleased to offer extended consultations to help deal with these normal but potentially distressing problems. Just ask for a women's health appointment.

TEENAGE CLINIC

Our innovative and well established teenage clinic grows from strength to strength. We are planning to expand our services for teenagers and will be able to offer Chlamydia screening. We are also looking at enhancing the skills of the team in terms of other aspects of sexual health screening.

Dr Lisa Yellop will lead on this.

SMOKING CESSATION GROUP

Did you know that from 1st October 2007 it will be illegal for a person under the age of 18 to buy tobacco and cigarettes? (As well as bad for your health and your wallet!) If you are under 18 years old and would like to 'quit smoking' please ask for a stop smoking form at Reception or pick one up in the waiting room.

WEIGHT MANAGEMENT SERVICE

We know that many of our patients are trying to lose weight and we also know how difficult this can be. We are therefore planning to launch a new nurse led service to support patients wanting to lose weight. A new programme will be available from September 2007 for people with a BMI greater than 30, or 27 with other high risk factors. BMI or Body Mass Index is a measure of body fat based on height and weight that applies to adult men and women. See www.nhsdirect.nhs.uk or use scales in waiting room. This service will be run by practice nurse Marion Mitchell and health care assistant Sue Shepherd.

HEART FAILURE REVIEWS

We are now offering heart failure review appointments at College Lane Surgery, for our patients who are having problems with heart failure symptoms. This will allow you to be seen in a local setting. If the GP or Practice Nurse who sees you regularly think you may benefit from a review like this they will arrange an appointment for you.

Dr Yellop has specialist skills and training in Heart Failure. She works with Dr Brooksby the Cardiologist, at Pontefract Hospital Outpatients once a week reviewing patients from the area.

If you would like to know more about any of these new services please contact Reception.